

Below are the New WTF Competition Rules that will be used at the Alberta Provincial Tournament on March 28th and at Senior Nationals in Vancouver (May 2 - 3) and Junior Nationals in Quebec City (May 16 - 17). These changes will be discussed in depth at the upcoming Information Sessions in Edmonton and Calgary.

Note: The 'video review for scoring' and 'installation of a video replay system' **will not** be implemented at Alberta Provincials or Canadian Nationals until technology requirements are met.

New WTF Competition Rules

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Amendments of the Competition Rules passed.

The major changes are:

- competition area will shrink to 8 x 8 m
- new point system: 1 point for attack on trunk protector, 2 points for a valid turning kick to the body, 3 points for a valid attack to the head
- a video review for scoring will be available
- the 7 point gap and 12 point ceiling have been removed
- 2 kyungos or 1 gam jeom will be added to the opponent instead of being deducted
- installation of a video replay system
- inactivity is now a prohibited act (no fighting after 15 seconds) - referee can either give it to both if equally inactive or to least active competitor
- lifting the knee to avoid a valid attack or impede the progress of an attack is a prohibited act
- wearing of religion-related items is permitted beneath the dobok and helmet
- legal scoring areas are blue or red area of trunk protector and the whole of the head above the collar bone (includes back of head)