



PRECISION MARTIAL ARTS ACADEMY

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TERMINOLOGY - MOST COMMONLY USED TERMS

KOREAN	ENGLISH	NUMBERS	COUNTING
Sabum nim	Master Instructor	One	Hana
Sabum nim ke - kyung ye	Bow To Master Instructor	Two	Tul
Jokyo nim	Assistant Instructor	Three	Set
Seonbae nim	Senior	Four	Net
Hubae	Junior	Five	Tasot
Kukki adae hayeo	Salute The National Flag	Six	Yasot
Dobok	Uniform	Seven	Il-gup
Dojang	Gym/School	Eight	Yoh Dul
Kukki	National Flag	Nine	A Hop
Moo nye	Meditation (Empty Thoughts)	Ten	Yul
An young hasayeo	How Are You?	Eleven	Yul-hana
Kum sum ni da	Thank You!	Twenty	Sumul
Kihap	Yell (Power & Confidence)	Twenty-one	Sumul-hana
Poomse	Pattern (Form)	Thirty	Sulhun
Kyor ugi	Sparring	Thirty-one	Sulhun-Hana
Hoshinsul	Self-Defense		
Hanbeon Kyorugi	One-Step Sparring	First	Il
Kyok pa	Breaking	Second	Ie
		Third	Sam
Basic Commands		Fourth	Sa
Charyot	Attention	Fifth	Oh
Kyung ye	Bow	Sixth	Yook
Joonbi	Ready	Seventh	Chil
Si jak	Begin	Eighth	Pal
Baro	Return	Nineth	Gu
Geuman	Finish/Stop	Tenth	Sip
Shiyo	End (At Ease)		
		0 Gup – WB	5 th Gup - BS
Dan Black Belt	Students 15 years of age and older	9 th Gup – YS	4 th Gup – BB
Poom Black Belt	Students under the age of 15	8 th Gup – YB	3 rd Gup – RS
Gup Belt	Colored Belt Students	7 th Gup – GS	2 nd Gup - RB
		6 th Gup – GB	1 st Gup – Blk. S

TERMINOLOGY – CONTINUED...

KOREAN

ENGLISH

Sparring Terminology		Makki	Blocks
Hogo	Chest Protector	Arae Makki	Low Block
Chung	Blue Contestant	Momtong Makki	Middle Block
Hong	Red Contestant	Eol gul Makki	High Block
Kalyeo	Break (Separate)	Bakat Makki	Outside Block
Kae sok	Continue	Sonnal Makki	Knife-hand Block
Shigan	Time Out (Pause)	Yeot Pero Makki	X Block
Kyung go	½ point penalty (2x = 1 pt. deduction)		
Gam jeom	Severe Penalty – 1 Point Deduction	Jireugi/Chigi	Hand Strikes
Jun jin step	Forward Sliding/Skipping	Jireugi	Punch
Who jin step	Backward Sliding/Skipping	Sonnal Chigi	Knife Hand
Ilbo	Change/Switch	Yuk sudo	Ridge Hand
Seogi	Stance	Anatomy	
Charyot Seogi	Attention Stance	Pal	Arm
Kibon Joonbi Seogi	Basic Ready Stance	Palgup	Elbow
Juchum Seogi	Horse Stance	Son	Hand
Ap Seogi	Walking Stance	Jumeok	Fist
Ap-Gubi Seogi	Forward Stance	Bal	Foot
Dwi-Gibi Seogi	Back Stance	Baldeung	Instep
Beom Seogi	Tiger (Cat) Stance	Dwikumchi	Heel
Koa Seogi	Twisted Stance	Balkeut	Toes
Hakdari Seogi	Crane Stance	Mureup	Knee
		Mom	Body
Chagi	Kicks	Mok	Neck
Ahp Chagi	Front Snap Kick	Palmok	Wrist
Dolryo Chagi	Roundhouse Kick	Eolgul	Face (High)
Yop Chagi	Side Kick	Momtong	Trunk (Middle)
Dwi Chagi	Back Kick	Arae	Low Section
Jikea Chagi	Hook Kick	Ap	Front
Huryeo Chagi	Whip (spinning hook) Kick	Dwi	Back
Narryo Chagi	Axe Kick	Oen Joek	Left
Bandul Chagi	Crescent Kick	Oreun Joek	Right
Twio Chagi	Jumping Kick		
Padachagi	Counter Kick		
Nadabaum	Return Kick (360 Round)		